

CV

ANU LAIHO

DANCE ARTIST & DANCE TEACHER

CONTACT INFO

www.anulaiho.com
contact@anulaiho.com



DEGREES

MASTER'S IN DANCE • 2019–2021 • OSLO NATIONAL ACADEMY OF THE ARTS (KHIO)

BACHELOR'S IN CULTURE AND ARTS – DANCE & DANCE PEDAGOGY • 2015–2019 • ARTS ACADEMY, TURKU UNIVERSITY OF APPLIED SCIENCES (TUAS)

Including Exchange Studies in University of Stavanger, bachelor's in Dance Performance, 1/2018–5/2018

WORKSHOPS

ATLAS PROGRAM / IMPULSTANZ, VIENNA • 2024 | PAF - SUMMER UNIVERSITY, ST.ERME • 2023 | IMPULSTANZ, VIENNA • 2022 | FLIP, HELSINKI • 2022 | MOVEMENT ALCHEMISTS & JUNKIES, HELSINKI • 2019 | NEW MEDIA & DANCE EDUCATION CONFERENCE, TALLINN • 2017

OTHER MERITS

NATIONAL ARTIST TEAM MEMBER • 2023-2026 • PROFESSIONAL MEDIA PRESENCE PROJECT | BOARD MEMBER • 2023– • MONTEBELLO KULTURHUS | BOARD MEMBER • 2022– • PRAXIS OSLO | MEMBER • 2021– • MONTEBØLLO COLLECTIVE | MEMBER, BOARD MEMBER • 2017–2021 • KULTTUURIOSUUSKUNTA KARISMA

GRANTS AND FUNDING

CULTURE MOVES EUROPE MOBILITY GRANT • 2024 • EU & GOETHE INSTITUT | FURTHER EDUCATION STIPEND • 2024 • FFUK | TRAVEL GRANT • 2023 • FFUK | PRE-PROJECT • 2021 • KULTURRÅDET | DIVERSE STIPEND GRANT FOR NEWLY GRADUATED ARTIST • 2021 • KULTURRÅDET

UPCOMING/ONGOING PROJECTS

ANTIGONE PROJECT | ANU LAIHO & PENY SPANOU | 2021-2025

Artistic research and series of performances – Supported/Funded by Norske Scenografer i Creo, KHIO & Elvelangs i Fakkellys

RED PROJECT | ANU LAIHO | 2022-2026

Artistic research and series of performances.

TERRARIUM | HANNA VÅGE SKJEGGESTAD | 2024-2026

Artistic research and performance

PAST PROJECTS & EXPERIENCE

2024

.I.I.I. | ANU LAIHO

Solo performance (RED project), ATLAS/ImPulsTanz – Funded by Culture Moves Europe & FFUK

2023

THE RED PROJECT TALKS | ANU LAIHO

Research sharing and performances, Summer University 2023 – Supported by PAF & FFUK

SELF PORTRAIT PORNOGRAPHY | ANU LAIHO

Solo performance (RED project), Koreografilaboratoriet – Supported by Danses Hus

PRAXIS WORKSHOP – TASK-WRITE-REVISE | ANU LAIHO

Movement workshop and sharing of artistic practices, PRAXIS Trondheim

2022**UNDERNEATH MY SKIN THERE IS RED | ANU LAIHO**

Solo performance (RED project), Mind the Gap Oslo

PSYCHE | HAGIT YAKIRA

Artistic research, volunteer attendee

PRAXIS PRAKSIS – EMBODIED MATERIALITY | ANU LAIHO

Movement workshop and sharing of artistic practices, PRAXIS Oslo

ANTIGONE AT AKERSELVA | ANU LAIHO & PENY SPANOU

Work-in-progress performance (Antigone project), Elvelangs i Fakkellys

ANTIGONE/AKERSELVA | ANU LAIHO & PENY SPANOU

Artistic research (Antigone project) – Funded by Norske Scenografer i Creo

kehotus | ANU LAIHO

Artistic practice research/Forprosjekt, Tanssiitiimi/PS:Dans/Montebøllo – Funded by Kulturrådet.

2021**R E S P A C E | ANU LAIHO**

MA Project in Dance, KHiO

CHOREOGRAPHY OF SPACES – MY NAME IS NOT ANTIGONE | ANU LAIHO & PENY SPANOU

Site-Specific performance (Antigone project), KHiO

A MOMENT IN TIME OF LOVE | ANU LAIHO & SANA KHAN NIAZI

Short film, Intercultural Museum in Oslo/CoFutures Research Project UiO/KHiO

IF ONLY | LISA COLETTE BYSHEIM

MA Project in Choreography, KHiO

NEWS | JANNE-CAMILLA LYSTER

Performance for 21 dancers, glasses and a metronome, Dramatikkens Hus (cancelled due to COVID-19)

2020**MADA x FIKSDAL – SPECTRAL | INGRI FIKSDAL**

Part of MA studies, KHiO

ENTANGLED MATERIALS | LISA COLETTE BYSHEIM

Work in progress performance, Oktoberdans

FIVE PATTERNS | ANU LAIHO w/ JANNE-CAMILLA LYSTER

Part of MA studies, KHiO

OPEN STUDIO SESSIONS # | LISA COLETTE BYSHEIM

Choreographic method development sharing, KHiO

2017-2019**(DE)(P)LAY WITH ME | MARIA MÄKELÄ**

BA Thesis performance, TUAS

“...IN THE MIDDLE WITH YOU” | HAGIT YAKIRA

Part of BA exchange, University of Stavanger